

# LEADER

## Stop bullying or create a world of constant depression

EVERYDAY PEOPLE get bullied for something, either their skin color, bodytype, hair, acne, behavior or whatever. This happens everywhere but no one seems to do anything to make a change. We need to make it stop today, to save tomorrow's children.

BULLYING IS DIRECTLY taking about 45 peoples' lives under the age of 20 in Sweden every year. An analysis on 300 thousand children and teenagers with suicide thoughts showed that the ones who were bullied had a 2,23 times higher risk to kill themselves. This means that our way of treating others are indirect murder. How do we make those who bully understand that? What are we going to do to make these numbers decrease?

ABOUT 60 THOUSAND children are bullied every day in Sweden and the most unsafe places are toilets, dressing rooms and - of course - the internet. Meanwhile, 13 per cent of the girl in age 13-16 have been sexually harassed and 20 per cent of all students have been insulted by a classmate during the past 12 months.

EVERYDAY WE are making campaigns and workshops about bullying all around the world, but most of them with no results. The information goes in through a student's right ear but leaves directly through the left. How do we stop this, once and for all?

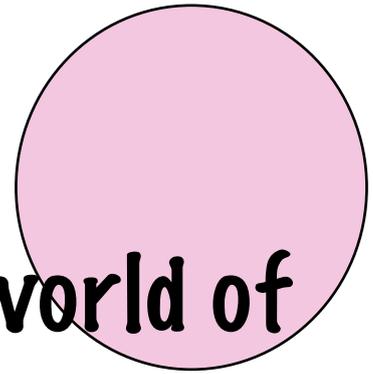
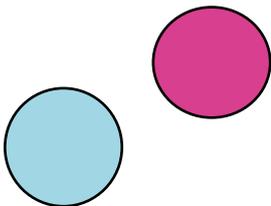
THE PLACES THAT should be the safest are no longer trustable. Kids walk around in school, scared and terrified that someone will hurt them, either physically or mentally. At the same time girls in high school are called "slut", "cheap" and "whore".

TO BE AT HOME in bed is not safe anymore, because someone can text you and tell you how worthless you are. Even parents are bullies today. What is happening to the world?

WE NEED TO make this stop, not tomorrow but today. If not, bullying will cause the biggest amount of suicide ever behold. Teenagers will be more depressed than ever and Facebook will turn into a new "Dr. Phil", but a forum where so-called friends are discussing what other people do or how they look. If we want to create a morrow we all can live and be happy in, this is it. This is the call. Be the change.

**Hannele Bång**

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# Music is a privilege everyone should have

I HAVE, AS FAR AS I can remember, played music. I have had the opportunity to learn different instruments and different techniques to play those on, thanks to the music school in Wilhelmina. I and my friends who also have played music in Wilhelmina have a lot to thank the music school for. We have managed to make a name in our home town as good musician who can play on most occasion and we wouldn't have managed to do that if it wasn't for our teachers through the years in the music school.

AT THE END of 2015 Wilhelmina decided to close down the music school. Even though I don't get affected by this decision I think it is very sad and I kind of lost my hope and trust in my home town. I don't understand how places that want to be attractive decide to get rid of opportunities that would help families choosing this

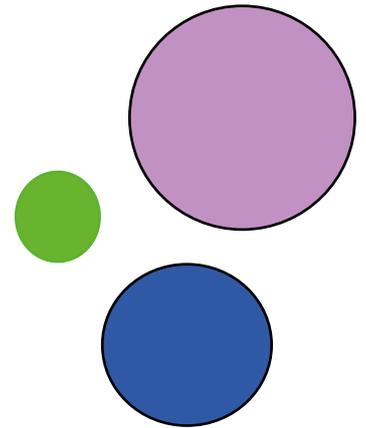


BY CLOSING DOWN the music school I think Wilhelmina shows a bad example upsetting people of all ages.

IN MUSIC SCHOOL children and young adults have a place to be and something to be good at. Music is something that helps you concentrate and it makes you feel good about yourself since you can easily see progress in your learning. This is something I think is very valuable and it have helped me a lot in my process of growing up.

When you have the courage to believe that you are good enough to stand in front of an audience it is much easier to do a lot of other things. By closing down the music school the opportunity for practice disappear and I think that many children won't be able to continue their music training.

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IT IS VERY HARD to be good at an instrument by yourself because then you don't have anyone pushing you to be better. I think that Vilhelmina, as a town, will lose a lot by closing down the music school. Children interested in music won't have anything to do which may develop a depression or that many young adults decide to move away from Wilhelmina as soon as possible.

**Alva Lundgren**

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# The weather is an interesting thing, or should I say phenomenon?

## HISTORICAL BACKGROUND

LONG TIME AGO many people believed that weather was connected with historical events in a special way and that events could be explained only by the weather. The data which supports the information comes from individuals who have retold the phenomena or written down the phenomena in private journals. Historical events after 1870 are collected in meteorological archives and are therefore more reliable. The Swedish steamer ferry Per Brahe wrecked in 1918 was first explained by an explosion. It was later proven that a brief northerly storm caused the sinking. Unlike many earlier historical events, this is true fact because the event has been examined and registered.

METEOROLOGICAL forecasts have been of great historical importance. Some examples are the invasion of Normandy in June 1944 and the Germans counteroffensive in the Ardennes in December 1944.

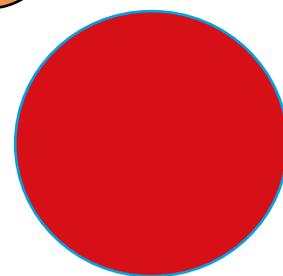
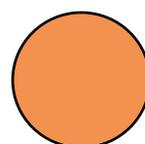
## WEATHER AND HUMANS

HUMANS HAVE always wanted to influence the weather, which has resulted in a number of different ideas. In order to trigger precipitation there have been attempts which includes fires. During the 1990s people tried to modify the weather by sprinkle silver iodide over the clouds with the help from airplanes or cannons. They were hoping that this would cause precipitation from clouds. There have also been ideas which include atomic bombs, but these were dismissed because of the high risks with atomic bombs.

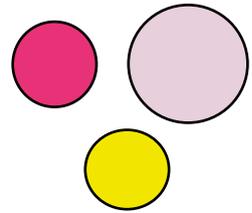
HUMANS HAVE actually been able to influence the weather and climate, but this involuntarily by clearing forests and contaminate the air. Weather in itself is very important for us humans. Natural disasters can lead to economic disasters and wrong weather can affect crop yields. The society is very dependent on weather and climate.

**Emelie Abrahamsson**

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# Ideology vs world



IT WOULD COME as no surprise to anyone that The United States of America is awaiting one of its most thrilling elections. The candidates have been seen on social media both in humor and seriousness which has engaged the whole world.

FROM DONALD Trump's screwed up foreigner-politics to Bernie Sanders youthful and optimistic proposals for a more developed climate work.

Which brings me to the problem: One block (republican) rarely talks about the, no doubt, biggest problem on the planet right now. In the 2016 Republican presidential candidate debates, climate change has rarely been discussed. One candidate named Marco Rubio made a statement in a debate on CNN:

**America's a lot of things, the greatest country in the world, but America is not a planet. And we are not even the largest carbon producer anymore, China is, and they are drilling a hole anywhere in the world that they can get ahold of.**

(BuzzfeedNews, "Marco Rubio Was A Big Proponent Of Cap And Trade In Florida", Sep 7 2015)

BLAME CHINA IS not a viable option; the "our pollution is too small to matter" argument is fallacy. If the USA can make that argument, then so can every country. If every country uses this excuse, then none cut their carbon pollution, and climate destabilization becomes inevitable.

ALSO CHINA and USA are the top two countries in the world who have the highest carbon pollution in the world. The good news is that almost every country in the world agreed to cut carbon pollution as a result of the Paris climate negotiations, including the United States and China, whether or not the republicans want to or not.

CLIMATE CHANGE has sadly turned into an ideological punching bag where the Republican candidates fear that



if they as an ideology admit to that us humans have caused global warming they won't be able to win. AND THAT MAKES a problem because they represent a majority of the people who then will be lead into the dark because of political strategy.

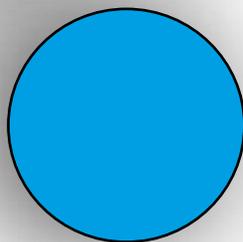
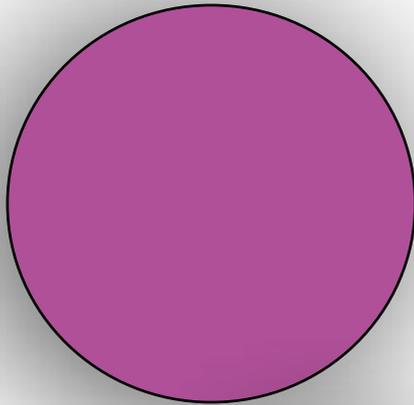
THIS WILL BECOME a problem in the American political system for all parties when the Republican Party currently stands alone as the only big climate-denying political party in the world. This is a problem that the Republican Party must solve, because we need them in the climate policy debate and change since USA is top two and therefore affects the rest of the world.

DON'T LET THE stubborn once take the focus off the environment. Instead we can use environmental initiatives to help us out of the economic crisis and both USA parties will be happy. Investing in home insulation would create green jobs that could benefit young people and those out of work, while reducing our fuel bills and emissions and addressing fuel poverty. See it's really that simple!

**Nelly Engström**

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# Unique artist raised in Wilhelmina



**NAME:** Oscar Fahlander  
**BORN:** 1997  
**OCCUPATION:** Student, artist

PERSONAL LIFE, WHERE DID YOU GROW UP?

I grew up in Gävle, a city located in “southern” Sweden, but now I live in a village outside of Vilhelmina.

ARE THERE ANY INFLUENCES FROM YOUR CHILDHOOD THAT MADE YOU AN ARTIST TODAY?

Well, I guess... I’ve always liked to draw, however I did not practice drawing until 2 two years ago.

WHAT GOT YOU INTO DRAWING?

Uuumh... Well, I found a program called UTAU; a voice synthesizer that creates a computer generated song. I just started to wonder what my “UT-AU-persona” would look like, so I started to learn how to draw, characters specifically. Since then I’ve created many characters and got better and better at it, and I enjoy doing it.

YOU HAVE QUITE A UNIQUE DRAWINGSTYLE, WHAT MADE YOU TAKE THAT PATH?

The drawing style is something that kind of develops over time. When you first start of, you usually try to draw in the same style that your artist of choice has. But when you develop your skill you start to add or remove some aspects of the style, and then you have a style that is unique.

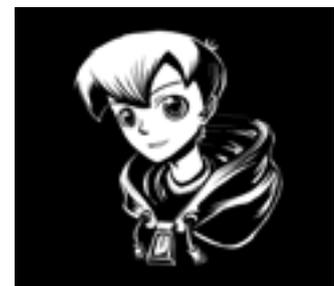
IS THIS SOMETHING YOU WOULD LIKE TO CONTINUE WITH IN THE FUTURE? AS A HOBBY OR PROFESSION?

It would be cool to have this as a profession, but I think this is something that I could use to get a bit of extra pocket money. In other words, I don’t think I will be able to do this for a living.

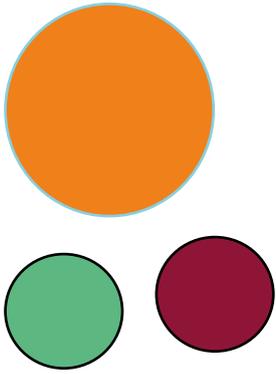
**Hampus Fahlander**  
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Oscar is a student with passion in drawing.



ONE OF Oscars drawings.



# Icepole competition - only for hardcore?

**Once every year in February Vilhelmina hosts Vilhelmina Winter Weekend where the ice pole competition takes place. It is a competition that tests your endurance and skills in dressing warm. One of the last year's participants was Fanny Persson.**

The event starts at midday on a Thursday and continues until midday Saturday. Once you have taken your place on top of the ice poles you only get to rise for ten minutes every three hours. No electronics or external heating sources are allowed. According to Fanny it was the hardest part.

**How did you feel being without your phone for so long?**

I am really an addict when it comes to using the cellphone and I thought that that would be the hardest part for me, that I couldn't just pick it up at any time and check Instagram and Facebook as I am used to!

**Was it fun being in the competition?**

Fun or fun, when you look back on it the experience was pretty fun but when I was sitting there it was not that much fun! When somebody finally came and talked to you it became a little more fun than otherwise.



**Try to think positive when it gets tough.**



**You only got a 10 minute brake, how was it?**

I thought it went well, but the first brake went by so effing fast, you had not really got the feeling how long 10 minutes actually were. I had to run as fast as I could at the end of first break so that I wouldn't be disqualified. But after that you knew that 10 minutes go by faster than you think.

**Was it not cold sitting still for so long?**

Actually it was not as cold as I thought it would be! Probably it was because I was dressed well with many layers. It was coldest during the nights and in the feet so then it was just to try to move as good as you could, some sitting gymnastics.

**Would you do it again?**

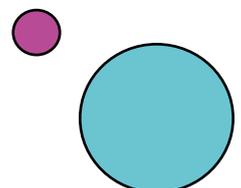
No I think once is good enough! It was a fun experience but nothing I feel like doing again.

**If you were to give an advice to someone who is going to compete this year, what would it be?**

Don't underestimate ten minutes, dress in many layers, rather too much than too little and try to think positive when it gets tough.

**Mona Lönnberg**

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FANNY PERSSON competed in 2015's icepole sitting.

# Have we become weaker?

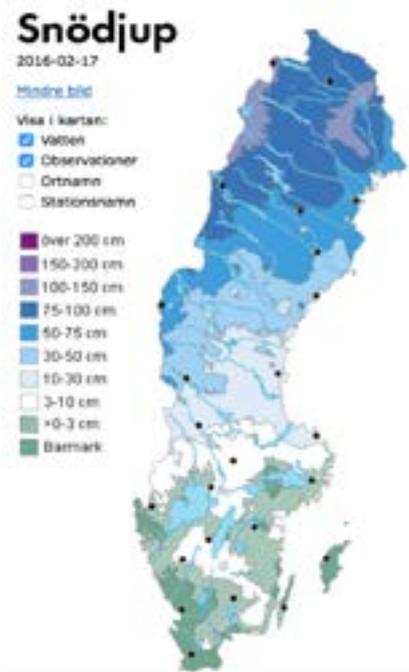
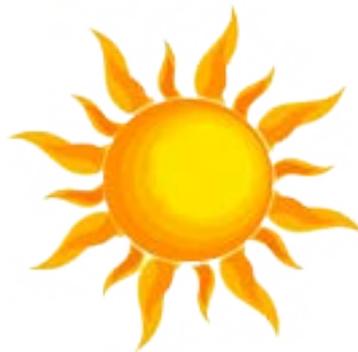
Vilhelmina holds the Swedish cold record, or to be more precise, Malgovik. The year 1941 the thermometer showed 53 degrees below zero.



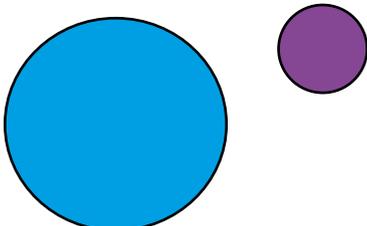
MALGOVIK holds the Swedish cold record.

- 35.0 ° Klagstorp December 23, 1915 (Götaland)
- 45.0 ° Sarna the 27 december 1887 (Svealand)
- 48.9 ° Hemavan December 30, 1978 (Northern Sweden)

These are different cold records from the month of December. So far, this winter has been quite severe and the complaints as well. How did people manage before when it was just as cold, or even colder? They had less clothes and the quality of the clothes was also worse than it is today. The temperatures for December 2015 and January 2016 have been near these cold records. It is natural to experience the cold weather troublesome, but it seems like we have forgotten that winter actually looks like this in the north of Sweden. 30 degrees below zero is actually not such a big deal. Rather, it is more surprising that there are two degrees below zero in December.



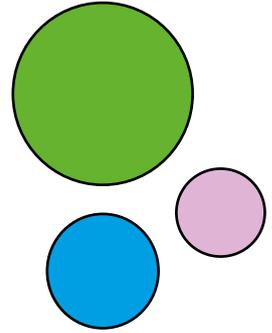
**Emelie Abrahamsson**  
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DAG	VÄDER	NEDERBÖRD	VIND (Iryvind)	SOLTIDER UPP / NED
▶ <b>IDAG</b> 17 feb	-6° -9°	<b>0.0 mm</b> Ons 10 - Tors 00	<b>2</b> (3) SO m/s	07:46 16:29
▶ <b>TORS DAG</b> 18 feb	-6° -10°	<b>0.2 mm</b> Tors 00 - Fre 00	<b>4</b> (6) SO m/s	07:43 16:32
▶ <b>FREDAG</b> 19 feb	-7° -10°	<b>0.0 mm</b> Fre 00 - Lör 01	<b>2</b> (4) S m/s	07:39 16:36
▶ <b>LÖRDAG</b> 20 feb	-4° -13°	<b>0.0 mm</b> Lör 01 - Sön 01	<b>5</b> (13) SO m/s	07:36 16:39
▶ <b>SÖNDAG</b> 21 feb	-3° -4°	<b>6.4 mm</b> Sön 01 - Mån 01	<b>5</b> (14) SO m/s	07:32 16:42
▶ <b>MÅNDAG</b> 22 feb	-5° -11°	<b>0.0 mm</b> Mån 01 - Tis 01	<b>4</b> (9) NO m/s	07:29 16:45
▶ <b>TIS DAG</b> 23 feb	-9° -14°	<b>1.1 mm</b> Tis 01 - Ons 01	<b>2</b> (6) S m/s	07:25 16:49
▶ <b>ONS DAG</b> 24 feb	-3° -7°	<b>0.0 mm</b> Ons 01 - Tors 01	<b>2</b> (6) V m/s	07:22 16:52
▶ <b>TORS DAG</b> 25 feb	-8° -10°	<b>0.0 mm</b> Tors 01 - Fre 01	<b>2</b> (4) N m/s	07:18 16:55
▶ <b>FREDAG</b> 26 feb	-9° -15°	<b>0.0 mm</b> - - -	<b>1</b> (3) NO m/s	07:15 16:58

# VISIT LONDON

London- the capital of England. So much to do and so much to see.  
We have put together a list of "must do when in London"



## TOWER BRIDGE

Tower Bridge is a bridge crossing the River Thames and with it's length of 244m and beautiful location, close to the Tower of London, it has become one of the most popular tourist attractions in London.

## FISH AND CHIPS

Fish and Chips is a meal containing fries and fried fish. This is a typical thing to eat in London, especially among the tourists. You can either visit a nice restaurant to eat fish and chips or you can buy it on the street.

## CAMDEN TOWN

Camden Town is located in the north part of London and is famous because of its "alternative culture". Here you can either just walk around on the street and visit the shops, eat by the Regents Canal, listen to the live music on the street or take a visit to the big Camden Lock Market.

## LONDON EYE

London Eye is a Ferris Wheel located in the western end of Jubilee Garden. The height of the Wheel is 135 meters and is a perfect place to see London from another perspective.

## MADAME TUSSAUDS

Madame Tussauds is a waxdoll museum in London. Here you can see wax dolls looking just like your famous celebrities, everyone from the royal house, actors, football players and singers.

## BIG BEN

Another very popular tourist attraction, and a real must-do is Big Ben, a big watch on the Westminster Palace. The watch was created in 1856 and rings every hour.

**Alexandra Appelqvist**

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BIG BEN is a popular attraction.